

## WEEK 3 AUTUMN – WINTER MENU 2023 - 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAINS OPTION	<b>MEATBALLS AND GRAVY</b> (GLUTEN FREE) (HALAL)	<b>COWBOY CASSEROLE</b> (CONTAINS PORK SAUSAGES)	<b>ROAST CHICKEN &amp; GRAVY</b> (GLUTEN FREE) (HALAL)	<b>POTATO GRATIN</b> (CONTAINS PORK) (CONTAINS DAIRY) (GLUTEN FREE)	<b>CHICKEN NUGGETS OR CHICKEN BITES</b> (GLUTEN FREE) (HALAL)
VEGETARIAN OPTION	<b>QUORN MEATBALLS</b> (HALAL)	<b>VEGGIE COWBOY CASSEROLE</b> (HALAL)	<b>QUORN FILLET</b> (HALAL)	<b>POTATO GRATIN (NON MEAT)</b> (GLUTEN FREE)	<b>QUORN DIPPERS</b> (HALAL)
POTATO/ CARB OR SALAD	MASHED POTATO  (GLUTEN FREE)	THICK SLICED BLOOMER	ROAST POTATOES  (GLUTEN FREE)	POTATO WEDGES	CHIPS  (GLUTEN FREE)
VEGETABLES	PEAS OR GARLIC MUSHROOMS	MIXED VEGETABLES OR GREEN BEANS	CARROTS OR WHITE CABBAGE	BROCOLLI OR SWEETCORN	PEAS OR BAKED BEANS
DESSERTS	CHOCOLATE MOUSSE	CRUMBLE & CUSTARD	HOME MADE SHORTBREAD	CHOCOLATE SPONGE	FLAP JACK

**JACKET POTATOES** ARE AVAILABLE DAILY, WITH A CHOICE OF TUNA, CHEESE OR BAKED BEANS